
Guide To Recruiting

— G3 Volleyball 2021-22 —
Season

Agenda

- Understand eligibility requirements
- Scholarships/Funding
- Creating a list of potential schools
- Communicating and interacting with coaches
- Commitment/signing

Eligibility Requirements

- NCAA Schools require you to be registered with the Clearinghouse (Jr/Sr)
 - D1 and D2 needs to be certified
 - <http://eligibilitycenter.org/>
- NAIA Schools you need to register with NAIA
 - <https://play.mynaia.org/>
- NJCAA Schools (JC) must meet enrollment and entrance requirements
- ALL levels must maintain “amateur” status

NCAA Requirements

- Graduate from high school and complete a minimum of 16 core courses for Division I or II. DIII has their own eligibility and admission requirements.
- Earn a minimum required grade-point average in core courses.
 - D1= 2.3 min and D2= 2.2 min. DIII, JC, and NAIA have their own eligibility and admission requirements.
- Earn a qualifying test score on either the ACT or SAT.
- Request final amateurism certification from the NCAA Eligibility Center.

NCAA Requirements

Classes that are **NOT** NCAA core courses include:

- Classes in non-core areas, fine arts or vocations such as driver education, typing, art, music, physical education, or welding.
- Personal skill classes such as personal finance or consumer education.
- Classes taught below grade level, at a slower pace or with less rigor or depth. These classes are often titled basic, essential, fundamental or foundational.
- Classes that are not academic in nature such as film appreciation, video editing, basket weaving, or greenhouse management.

NJCAA Requirements

- Graduate High School
- It is recommended that each potential student-athlete discuss their athletic eligibility with the athletic personnel at the NJCAA college where they have chosen to attend

What do I need on the SAT/ACT?

- The minimum GPA you can have and still be NCAA eligible for DI is a 2.3 GPA and a 900 SAT or 75 ACT sum score. You will need a 2.20 GPA and a 840 SAT or 70 ACT sum score to be eligible at the Division II level.
- Ultimately, the minimum GPA you will need is dependent on where you fall on the **NCAA sliding scale**.
- **Higher GPA = lower SAT/ACT Score**

Funding your education

- Athletic Scholarships- varies by level. Full funding is very rare.
- Academic/Merit Scholarships- based on academic achievements (GPA, test scores, essays, etc)
- Need-based Scholarships- based on financial situation of family
- Loans/out of pocket- Federal or private loans or out of pocket
- The vast majority of student-athletes will not receive full athletic scholarships and will have some combination of the above funding mechanisms!

Athletic scholarships

- D1 is awarded 12 athletic scholarships per team if fully funded
- D2 varies and but usually offer ~8 scholarships per team
- D3 does not offer athletic scholarships
- NAIA varies but can offer 8 scholarships per team
- JC offer athletic scholarships- Max of 14- based on school and budget (split)
- **Academic scholarships available at ALL schools and can be combined with athletic**

Volleyball is a headcount sport in NCAA meaning the number of scholarships given cannot exceed the maximum number even if they are split or partial.

Creating a “School Wish List”

- Understand what criteria you are looking for in a school as it relates to your academic and athletic goals
 - Would you want to attend this school if volleyball wasn't a factor?
 - Can you afford this school if you do not get an athletic scholarship?
- Research and understand all the factors that go into the decision to attend a college or university
- Start broad with your ideas/views and narrow down as you get older and more focused on where you want to go
- You will also better understand where you will fit into a program and what your athletic goals are as you get older

Do your homework!

- Maintain a spreadsheet (or other organizational system) to track your criteria, list of schools, and communications.
- This is ultimately the athlete's choice and they need to take the initiative and responsibility for the bulk of this work.
- Include contact information for each school's coach/program.
- Research which tournaments the program is attending during the season and proactively communicate.

Reaching out to coaches

- Once you've done your research and completed your "wish list" you need to start reaching out to programs.
- Start by completing questionnaires on their websites and attending camps.
- Create a highlight film that you can include when you email coaches
 - Video should include different skills (passing, hitting, blocking, serve receive, etc)
 - Don't just include "big plays"
 - Show coaches unedited long rallies as well
 - Do your research on what makes up a good highlight video!!!

Emailing Coaches

- Email coaches before every big tournament (not just once)
- Include your highlight film and other info (GPA, test scores, physical skills like height and jump stats, why you're interested in their school, etc).
- Include your schedule for that weekend and what court they can find you on
- Do NOT just copy and paste the same email... it is very obvious to coaches and shows you aren't interested enough to write a personalized email.
 - Emails can follow the same outline, but take time to add their name, what major you're interested in, info on their school/program, and be personable.

Emailing Coaches

- Email coaches after tournaments as a follow up
- Email coaches on a regular basis (before and after tourneys) until you are clear on where they stand-
 - “Yes, we are interested and will keep watching”
 - “No, we’ve already filled that position/done recruiting/it isn’t a good fit”
- Players **MUST** be voice and advocate for themselves (not parents or coaches)
- Keep interested coaches updated with new film and communication. Consistency is key!

Taking Visits

- Official visits are limited to five for Division 1 schools
- Official visits are limited to one per school for D2, D3, NAIA (no limit on total number of visits)
- Official visits are defined by any part of the trip being financed by the university
- Unofficial visits are funded by the athlete/family.
 - D1- August of Junior year
 - Others- Can be taken any time

Taking Visits

- Meet with an academic advisor to discuss major and minor options
- Use this opportunity to meet with coaches/players
- Tour the campus and facilities
- Stay with the team
- Practice with the team
- Parents/family are often invited on trips, but remember this is your daughter's experience and they need ownership.

Taking Visits- Do's and Don'ts

- DO ask questions about the program/team/coaches
- DO ask questions about how you will be supported academically
- DO follow up with the coach after the visit
- DO NOT agree to go out with the team to a party on an overnight visit
- DO NOT focus only on athletic fit. Understand the complete picture

Signing/Committing

- There are multiple signing periods throughout the year
- A large percentage of collegiate athletes do not commit or sign until their senior year!
- Preparation and planning will put you in a great position for when the time comes to make a decision.
- Understand fully the terms of your scholarship you are being offered
 - If partial, understand expected family contribution

Summary

- Eligibility requirements are standard across D1 and D2 schools. D3, NAIA, and JC schools may vary. Do your research!
- Funding can be any combination of athletic, academic, and need-based scholarships. Vast majority DO NOT receive full athletic scholarships.
- School wish-list based on your criteria for a great collegiate experience
- Communication with coaches- email, highlights, visits
- **Planning and preparation** in each of these aspects will put you in a great position to find a great academic and athletic fit for furthering your volleyball career.

Resources

NCAA clearinghouse- <https://web3.ncaa.org/ecwr3/>

NAIA clearinghouse- <https://play.mynaia.org/>

NCAA Eligibility Center- Full Info-

http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf

NCAA Test Scores quicklink-

<http://www.ncaa.org/student-athletes/future/test-scores>

NCAA Recruiting- <https://www.ncaa.org/student-athletes/future/recruiting>

G3 coaches are here to support and help you if you want to play at the next level, never hesitate to reach with questions regarding the recruiting process!